



# Junee Community Centre

## Newsletter

October 2025

Spring is in full bloom here in Junee, and with it comes a renewed sense of energy, connection, and community spirit. As the days grow longer and the weather warms, we're excited to share all the happenings from around the Centre.

This month, we're celebrating the incredible volunteers and Carers who make our programs possible, spotlighting our programs and sharing tips to help you make the most of the season. Whether you're joining us for a cuppa, a class, or a chat, we're so glad to have you as part of our vibrant community.

Here's to a joyful October filled with growth, laughter, and togetherness.

### What's on and When

#### Monday

Dance Moves  
11am

Junee Ex Services  
Club

#### Wednesday

Crochet and  
Craft

10am

Junee Ex-  
Services Club

#### Thursday

Weekly Bus  
Outing

Contact the  
centre to see  
where we are  
off to next

#### Thursday

Babies on a Mat  
and Toddler on  
Their Toes

10am at the Junee  
Library

#### Friday

Gentle Exercise 10am

Line dancing 2pm

Both at the Junee Ex-Services

Are you interesting in joining one  
of our programs?

We are looking forward to hearing  
from you



PH: 02 6924 2666

# October is Breast Cancer Awareness Month

*PINK* is the COLOUR  
OF SUPPORT  
OF LOVE  
OF LIFE  
OF HOPE  
OF CARE



## National Carers Week

12<sup>th</sup> – 18<sup>th</sup> of Oct

Come and join us for a **FREE Sausage sizzle** at the centre.

**TUESDAY 14<sup>th</sup>  
OCTOBER**

Let's Raise awareness and support for unpaid carers across Australia. National Carers Week is a time to recognise, celebrate and raise awareness about the 3 million Australians who provide care to a family member or friend

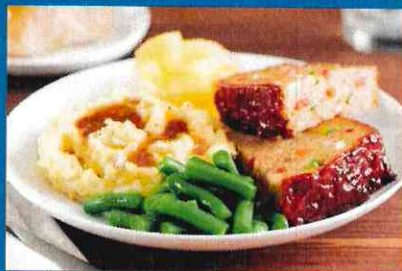
## YOUR INVITED

Join us every Tuesday evening at 6 PM for a shared meal at our **COMMUNITY TABLE**. Whether you're hungry for food or connection, there's always a seat at our table. Come as you are—bring a friend, make a friend, and be part of something nourishing.

**Everyone is welcome. Every week. Every bite.**



## Meals on Wheels



**Meals on Wheels: More Than Just a Meal** At Junee Community Centre, our Meals on Wheels program continues to be a vital lifeline for older residents, people with disabilities, and carers in our community. Each delivery offers more than nourishment—it brings connection, a friendly face, and a reassuring safety check. We're proud to support those who need it most, helping them feel safe, seen, and supported every day.

## Emergency Food Relief Available

Junee Community Centre is here to help.

If you or someone you know is facing food insecurity, please reach out. We offer free emergency food support—no judgment, just kindness.

Location: Junee Community Centre   Hours:  
9.30am – 4.00pm  
Contact: 02 6924 2666



## Become a Volunteer

**Lend your time, talents, or support to help strengthen our community**

## Can you find all the hidden words?

S H A R I N G T R U S T C  
 U N I T Y K I N D N E S S  
 P F R I E N D S H I P O O  
 P O U T R E A C H E L N M  
 O C A R I N G B E L O N G  
 R E S P E C T H E L P I M  
 T O G E T H E R I N C L U  
 D I V E R S I T Y E N E I  
 C O O P E R A T I O N G H  
 O C O N N E C T I O N B B  
 M V O L U N T E E R S A O  
 M S A F E T Y B E L O N G  
 U L T U R E S U P P O R T

- Support
- Inclusion
- Diversity
- Respect
- Volunteer
- Sharing
- Caring
- Together
- Belonging
- Trust
- Unity
- Help
- Kindness
- Safety
- Friendship
- Connection
- Cooperation
- Culture
- Outreach
- Belonging

Thank you for being an essential part of our thriving and ever-growing community. We're excited to bring you more stories, news, and opportunities in our upcoming edition—arriving November 2025. In the meantime, keep in touch, take care, and continue to take pride in the difference you make in strengthening Junee every single day.



Warmest Wishes,  
*The Junee*  
*Community Centre*